

# Rehabilitation

## ND COMMUNITY DAY TREATMENT

North Dakota Day Treatment Programs were an early product of the advisory group of the State Children's Services Coordinating Committee. Based on the principles of interagency collaboration, local initiative, and family preservation, the Annie E. Casey foundation funded the initial development of the program model in 1989. A variety of funding sources supported programs in the first years.

Since 1995, the program has been funded through the North Dakota Division of Juvenile Services' budget. The programs are based on a prevention model addressing at-risk youth prior to removal from the school, home, and community. Leadership and direction resides with three state agencies (Division of Juvenile Services, Department of Public Instruction, and Division of Children and Family Services) who are involved in providing many other programs and services to youth and families. The agencies are committed to training staff and supporting the development of programs statewide.

## NEW MANUAL CREATED

The program was manualized during this biennium to allow for a more uniform structure of the program across the state. The new additions to this manual include a pre and post survey to better measure outcomes, the requirement to conduct a BASC 3 on all students to measure needs, and mandatory training to ensure team members are equipped to work with the students and their needs.

Additionally, program team members are required to complete three different training programs by the end of the 2022/2023 school year. At this time, 50% of the program team members have completed the required training.

To ensure that all components of the manual are being followed, in-person site visits are conducted at a minimum of once a school year as well as regular communication via email and phone. The site visit includes meeting and operational discussion with the full team, as well as a classroom tour to ensure the space is adequate and conducive to the students learning needs.

In addition to site visits, quarterly zoom meetings provide an opportunity to discuss successes and struggles. This allows for feedback and sharing ideas about what works in the programs across the state. These meetings have been well attended and well received. 2021/2022 school year: 7 programs and 131 youth served

Devils Lake program provided two different sensory rooms

2022/2023 school year: 8 programs Many opportunities await!

## YOUTH SERVED IN DAY TREATMENT (2021-22 SCHOOL YEAR) Total served: 131

### Demographics

- 58% Male; 42% Female
- 15% Elementary; 72% Middle School; 13% High School
- 54% White; 32% Native; 6% Hispanic; 7% Black; 1% Other

### **Risk Factors**

- History of Drug and/or Alcohol Abuse (Family/Youth) = 48%
- Previous Truancy = 46%
- History of Abuse/Neglect = 44%

## Outcomes

- Academic Improvement = 77%
- Family Involvement = 91%
- Maintained in Community (avoided outof-home placement) = 84%